



Emerging Ecology

Experience Interchange
For The Global Classroom

January 2015

Essays by students at the Chikhale Ashram Shalla

Focus Question:

Food:

Students will share how their individual and collective actions harm or enhance the natural world of which they are a part; with special attention to food and meals at school and recycling.

Student #194, 11th Grade Female

Hi I am studying in 11th sci faculty at ashram school chikhale. we are going to write on the topics food and meal at school as well in our surrounding. food is the need of every human beings. Without it no one can live for long. So the food should be pure, nutritious and healthy. It is durable and tasty too. While in the school we get pure and nutritious food daily. Our school schedule start from breakfast, lunch at afternoon and dinner at evening. It is tasty and healthy as all student wish so. Food was never meant to be just tank filler.

While working we need sufficient calories which tends our body. Without physically and mentally fit man cannot work for a long .so we need good quality, tasty, mouth watering, sufficient and hygienic food. In every Indian market anyone can buy fresh and healthy food. Our school take care of student mental and physical growth so the kitchen staffs brings fresh vegetable and other useful things. Especially in summer vacation when I go to home I buy some juicy food. They have good taste

If anybody should have wanted to have such kind of food so visit the India to take great enjoy of it.

Student #80, 11th Grade Male

I am studying in 11th science faculty. My school campus is not so large but all the facilities are available in the school such as bedding, rooms and other infrastructure. I wake up early in the morning and after completing my daily chores I go in the upstairs hall where we get breakfast. Its quality is best than other readymade food. In our Marathi language there is proverb "as you eat so you make".

In our school all the children enjoy the meal. Its taste is so sweet. In morning breakfast we get different kinds of foods and grains as per availability. In India most of the people depend on the field for their livelihood. In our school we get fresh and healthy meal. Foods provide our body different kind of nutrient such as carbohydrate, proteins, fat, minerals and vitamins. If we didn't eat the fresh and healthy foods so we cannot live long and our body cannot perform well.

Our school is residential school so it is the responsibility of the school to provide fresh and healthy food to the students. It has been providing since so long. We get enough food in school. Our school takes care of physical and mental.

Student #136, 11th Grade Male

I am from 11th science faculty. Mostly in developing country foods get in the packing form and stale. Barely anyone get fresh food .In India you always get fresh food. But to get it from the market you have to take a little bit efforts. Even in my school we get fresh food and its quality has best beyond imagination.

India is known for its farming all over world. Different kind of crops grew in most of the region. Therefore it is common to get fresh food. Food is unforgettable thing. We have fresh food tasty. The food I eat daily consists of grains, vegetable and dry fruit. I live in konkan region where most of the people eat rice. Rice is the main food of this region.

We never use packing food instead we use fresh food bought from the market. Cooking at home is a healthy option. Even simply eating is healthier than parcel food. If anybody wanted to eat a healthy food so what one needs to do a little bit time management and planning. While roaming around anyone should not eat stale food which has available on the street.

Student #124, 11th Grade Male

I am studying in 11th science. I like tasty food and meal. I am fond of juicy fruits and eating them. While learning in school I remember the tasty food of my mother and her affection all the time. It is not meant that I don't like school meal I love it very much. Our school food and meal is also very tasty. Everyday all the students get nutritious food and all the students enjoy it.

Every day in our school we get breakfast, lunch and dinner. All the teachers and nonteaching staffs take care of the student's health. They never forget to bring fresh and healthy food for the students. Every human being wants some food to live and if it will be full with nutrients and good so many calories get from it.

Everywhere in India one would get fresh and tasty food. Occasionally in our school we get juicy fruits but not daily. I like mango very much. I always enjoy the mango in season because in odd season you have to pay maximum cost to buy it. It applies for the other food and meal. Sometime we spoil the most of the food without reason. If you want to live long so I will suggest all of you to eat healthy food.

Student #195, 11th Grade Female

I am studying in 11th science faculty. I am living in chikhale village. I do not live in the hostel. Even though I have experience of it. I know that in hostel students get different kind of food and meal. In India anyone would get manmade and homemade food. I like homemade food. Indian food is very delicious and tasty. The Indian homemade food is bhaji, roti, kande pohe, chapatti and chawal.

I live in eastern India; the paddy field is the speciality of this region. Sometime the farmer grows different kind of vegetable cash crops. It involves orange, sugarcane, banana and leafy vegetables. Indian food is full with nutrition and vitamins.

My father is also farmer and he works day and night at the farm to earn more money to the family. He grows paddy fields in the rainy season and other vegetable. All over India you get fresh and nutritious food. I like Indian food and I love it.

Student #117, 11th Grade Male

I am learning in 11th science faculty at ashram school chikhale. I will give special attention on food and meal, which all the students get from the school. It is very tasty food than anywhere get. The food and meal quality in India is best maximum people in India have their own farm so it is clear that everyday fresh food available in the market

If anybody wanted to buy it from the market so occasionally .They have to pay more money than their expectation. Anyway, the food quality is best. If anyone wished to stay healthy so .He should take good quality food in their daily life.

Student #55, 11th Grade Male

I am studying in 11th science faculty. My school is very beautiful and provides all the facilities to the students including food and meal.

India is covering Agricultural field. Mostly Indian people are doing a farm. Indian people are best business of farming .they take different season of different crop. They Aras people changes to food & meal also change. India is dividing six divisions each divisions are food & meal also changes

They grow different level of crop. Kakon division main dish food & meal is rice & fish. There are growing Rice, vegetable they given to winter season crop e.g. bitter gourd, sponge gourd, ridge gourd, and bean, methi etc. Because that areas main crop of only Rice field. There are heavy rainfall .The konkan division is New Mumbai, Raigad, goa etc.

My school is situated in Raigad at panvel in chikhale village. All student leaves in Tribal area. Their main food & meal is Rice, fish vegetables. They want per days eat someone rice. There health is very well & all needs are solve them.

Student #15, 11th Grade Female

Indian food is very tasty and fresh. There are growing in different type of paddy. They grow different state level in India. There are growing paddy & fish field. There are talking to other crop e.g. sugarcane, banana, grapes etc.

In Maharashtra state so many crops varieties in deferent level. Maharashtra state is agricultural field. There are giving in vegetable, pulses, jowar, maize Rice etc.

Those foods are very tasty & healthy.

We eat every day's fresh food. This food is very senses; mind, body and soul. We are eating per days Beaker, Rice, Chapatti. This food is fulfils for nutrition, mineral vitamins. This food is healthy for our body.

I Know in other country there people to get packaged food this food is very tasty but harmful for our body. Thus people when they come in India, they like Indian type food because this is very tasty and healthy too. It keeps fit our body.